# **Health and Wellbeing Board**

#### 5 November 2014



County Durham Implementation Plan of the "No Health without Mental Health" National Strategy

Report of Nicola Bailey, Chief Operating Officer, North Durham and Durham Dales, Easington and Sedgefield Clinical Commissioning Group

### Purpose of the Report

 Following discussion at the Health and Wellbeing Board development meeting on 3 September 2014, this report seeks agreement and ratification from the Board of the Mental Health Implementation Plan for County Durham – attached at Appendix 2

## **Background**

- 2. The National Strategy "No Health without Mental Health" was introduced by the government in 2011. The County Durham Mental Health Implementation Plan aims to introduce these objectives locally to improve the mental wellbeing of people across County Durham. A joint approach was taken to develop the priorities set within the plan.
- The publication of the No Health without Mental Health: a cross government mental health strategy for people of all ages drew together the wider principles that the government has laid down for its health reforms, including patient centred care and locally determined priorities and delivery.
- 4. At a national level the strategy sets out the "high level" objectives to improve the mental health and wellbeing of the population;
  - More people will have good mental health
  - More people with mental health problems will recover
  - More people with mental health problems will have good physical health
  - More people will have a positive experience of care and support
  - Fewer people will suffer avoidable harm
  - Fewer people will experience stigma and discrimination

- 5. More recently, the Government published Closing the Gap: Priorities for essential change in mental health. The document sets out 25 priorities for action issues that current programmes are starting to address and where 'strategy is coming to life'.
- 6. County Durham Mental Health Partnership Board made the decision to develop a local implementation plan of the national strategy. A Task & Finish Group was established to lead on the development. The group has a broad membership and the draft Implementation Plan has been developed in partnership with a wide range of organisations, people that use mental health services and carers. This is the first time any North East area has developed an Implementation Plan of the National Strategy.
- 7. The work of the group was to first of all gather information using the knowledge we already have as well as engaging with the wider workforce along with users or past users of services and their family members or carers. This was achieved by holding community events as well as using surveys to capture experiences. A scoping document was also developed which allowed organisations to measure progress in line with the implementation framework.
- 8. By taking this collaborative approach it has allowed the Task & Finish Group to be well informed and equipped with the knowledge and understanding of what is working well, what needs to be improved and where the gaps are. This enabled us to develop our key priorities.

### **Progress to date**

- 9. The Implementation Plan is now in its final version (Appendix 2). In order to ensure the work is coordinated and the priorities are progressed a new group has been formed No Health without Mental Health Implementation Group. The purpose of this group is to support and drive the delivery of the Implementation Plan. This group will oversee the work and be accountable to the Mental Health Partnership Board. Each of the priorities has been aligned to one of the groups within the proposed governance structure as seen in Appendix 3, this includes:
  - Countywide Service User Forum
  - County Durham Mental Health Provider & Stakeholder Forum
  - Public Mental Health Strategy Implementation Group
  - Children and Young Peoples Mental Health & Emotional Wellbeing Group
  - Mental Health Crisis Care Concordat Task Group
  - Dual Diagnosis Strategy Implementation Group
  - Pan CCG Mental Health and Learning Disabilities Commissioning Work stream

10. The Chairs of the groups above will be required to offer the No Health without Mental Health Implementation Group an update on progress of each of their priorities they are leading on using an agreed pro forma. This will help inform the group on progress as well as highlighting issues for escalation to the Mental Health Partnership Board.

#### Recommendations

- 11. The County Durham Health and Wellbeing Board is recommended to:
  - Receive the report
  - Note the contents of this report and the Implementation Plan
  - Agree with the priorities set out in the plan and the approach for implementation

Contact: Jemma Robson, Commissioning Support Officer, North of England Commissioning Support Unit Tel: 0191 3011300

### **Appendix 1: Implications**

The paper is being presented to the County Durham Health & Wellbeing Board to gain approval of the Mental Health implementation Plan and the priorities listed.

#### Resource Implications – financial/staffing

The Implementation Plan sets out a number of priorities, some of which may require funding, for example the recovery college. Once the Plan is in place it will help identify potential mental health commission intentions.

## **Quality, Innovation, Productivity and Prevention**

The Implementation Plan aims to improve the quality of mental health provision by delivering on the six national objectives. Contained within the plan are priority areas that will focus on early intervention and prevention, particularly within children's services.

#### Patient, Public and Stakeholder involvement

The development of the plan has taken a collaborative approach, involving service users, carers and other stakeholders.

## **Clinical Engagement**

The Task Group membership included each CCG GP Mental Health lead and there were also opportunities for clinical engagement at a clinicians meeting, which included secondary care clinicians.

#### **Communications and engagement**

A communication and engagement plan was developed and the NECS team have been actively involved throughout the process.